



TRIPLE THREAT RECREATIONAL CLASS SCHEDULE
(Effective January 15, 2018)

60-MINUTE CLASSES

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
Tiny Tot Tumble					10:00am Ahjae
Beginner Tumbling	5:00pm Yury				
All Levels Tumbling		6:00pm Connie		6:00pm Kyrie	
Intermediate/Advance Tumbling			7:00pm Yury		
Flyer Flex & Strength			6:00pm Ahjae/Jess		12:00pm Ahjae

PREREQUISITES (*must have these skills BEFORE enrolling in the class*)

Tiny Tot Tumbling – None.

Beginner Tumbling – None.

Flyer Flex & Strength – None.

All Levels Tumbling – Cartwheel, round off, back bend and higher tumbling skills.

Intermediate/Advance – Working or have standing/ running back handspring, tuck, layout and or full.

Open Gym

11:30am – 1:00pm

Instructors scheduled to change

<https://app.iclasspro.com/parentportal/triplethreatny/classes>